ZIADE POLYCLINIC

Health Checkup Packages

PACKAGE 01

Executive Wellness Plus

A general health checkup with blood tests and a family medicine consultation.

INCLUDED TESTS

- Complete blood count (CBC)
- Liver function tests (LFT)
- Kidney function tests (KFT)
- Lipid profile
- Hemoglobin A1c (HbA1c)
- Vitamin D
- Vitamin B12
- Thyroid-stimulating hormone (TSH)

CONSULTATION BENEFITS

- Complimentary family medicine consultation
- Full interpretation of lab results
- Personalized wellness plan

PACKAGE 02

Heart Health Priority

Focused laboratory testing with a cardiology consultation.

INCLUDED TESTS

- Complete blood count (CBC)
- Lipid profile
- Hemoglobin A1c (HbA1c)
- High-sensitivity C-reactive protein (hs-CRP)
- Creatine phosphokinase (CPK)
- Electrolytes

CONSULTATION BENEFITS

- Complimentary cardiology consultation
- Complimentary ECG report

Pricing and enquiries

Contact Ziade Polyclinic for package pricing and custom corporate or partner-clinic offers.

04 386 9367 | info@ziadeclinic.com

Home sample collection available if needed.

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Health Checkup Packages

PACKAGE 03

Procedure Clearance Fast Track

Laboratory tests and a physician consultation to support assessment before a planned procedure.

INCLUDED TESTS

Complete blood count (CBC)
Platelet count
Prothrombin time / international normalized ratio (PT/INR)
Activated partial thromboplastin time (aPTT)
Glucose
Liver function tests

CONSULTATION BENEFITS

Complimentary physician consultation

PACKAGE 04

Autoimmune & Inflammation In-Depth Screen

Laboratory testing for selected autoimmune and inflammation markers, with a review of results.

INCLUDED TESTS

Antinuclear antibody (ANA)
ANA profile
C-reactive protein (CRP)
Rheumatoid factor (RF)
Anti-cyclic citrullinated peptide antibodies (anti-CCP)
Erythrocyte sedimentation rate (ESR)
Vitamin D
Iron profile
Thyroid function test

CONSULTATION BENEFITS

In-depth results review
Autoimmune risk assessment
Personalized plan and lifestyle guidance

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PACKAGE 05

Women’s Hormone Balance

Complete Wellness

INCLUDED TESTS

- Complete blood count (CBC)
- Iron profile
- Vitamin D
- Vitamin B12
- Thyroid-stimulating hormone (TSH)
- Free T3
- Free T4
- Anti-thyroid peroxidase antibodies (anti-TPO)
- Estradiol (E2)
- Progesterone
- Follicle-stimulating hormone (FSH)
- Luteinizing hormone (LH)
- Prolactin
- DHEA-S
- Morning cortisol (AM)
- Lipid profile
- Liver function tests

CONSULTATION BENEFITS

- Complimentary women’s health consultation
- Support for menstrual cycles, fertility and menopause
- Hormonal health evaluation
- Personalized wellness and lifestyle plan

PACKAGE 06

Men’s Hormone Balance

Optimal Performance

INCLUDED TESTS

- Total testosterone
- Free testosterone
- Sex hormone-binding globulin (SHBG)
- Luteinizing hormone (LH)
- Follicle-stimulating hormone (FSH)
- Estradiol (E2)
- Prolactin
- DHEA-S
- Prostate-specific antigen (PSA)
- Complete blood count (CBC)
- Lipid profile
- Liver function tests

CONSULTATION BENEFITS

- Complimentary men’s health consultation
- Performance and vitality assessment
- Hormonal health evaluation
- Personalized lifestyle and optimization plan

Pricing and enquiries

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Home sample collection available if needed.